H(2)-Gordian Distance of Knots

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Abstract. An H(2)-move is a local move of a knot, which is performed by adding a half-twisted band. It is known an H(2)-move is an unknotting operation. We define the H(2)-Gordian distance of two knots to be the minimum number of H(2)-moves needed to transform one into the other. We give several methods to estimate the H(2)-Gordian distance of knots; many of them are generalizations of the methods used to estimate an H(2)-unknotting number. Then we give a table of H(2)-Gordian distances of knots with up to 7 crossings.