Brief travel instructions from Kansai Airport  
(added in Nov. 2011)

The trains operated by Japan Rail (JR) provide a fast, cheap, and convenient way to reach Osaka City University from Kansai (Osaka) Airport. The station for Osaka City University is called Sugimoto-cho. The Kansai Kenshu Center (KKC) and the Osaka City University guest house are ten minutes walk from Sugimoto-cho Station. After arriving at the airport, follow the signs for the JR station. You will need some Japanese cash to buy the train ticket (either from a ticket vending machine or the ticket office). Buy a ticket for 860 Japanese yen. Then:

1. Get on a "Rapid" train (Kankuu Kaisoku) heading for Osaka and go to Sakai-shi Station (about 40 minutes). The train usually stops at these stations: KANSAI AIRPORT, RINKUTOWN, HINENOKUMATORI, HIGASHIKISHIWADA, IZUMIFUCHU, OTORI, MIKUNIGAOKA(OSAKA), SAKAISHI then goes on to KYOBASHI. (Do not get on any "Express" train such as "Haruka"!)

2. Transfer to a "local" train (going in the same direction) at Sakai-shi Station and get off at the second stop, Sugimoto-cho Station (4 minutes)

A map showing Sugimoto-cho Station, Osaka City University, and the KKC can be found here: a map around the KKC. http://www.aots.or.jp/eng/about/center/kkc.html
The train timetable (in English) is available here: train timetable. http://www.hyperdia.com/en/

3. One can also get the KKC from the Sakai-shi Station by Taxi. The taxi cost is about 2000 Japanese yen (not so cheap!), though it is easier.