

# Classical Poincaré conjecture via 4D topology

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## ABSTRACT

The classical Poincaré conjecture that every homotopy 3-sphere is diffeomorphic to the 3-sphere is proved by G. Perelman by solving Thurston's program on geometrizations of 3-manifolds. A new confirmation of this conjecture is given by combining R. H. Bing's result on this conjecture with Smooth Unknotting Conjecture for an  $S^2$ -link and Smooth 4D Poincaré Conjecture.

*Keywords:* Homotopy 3-sphere, Smooth unknotting, Smooth homotopy 4-sphere.

*Mathematics Subject Classification 2010:* Primary 57M40; Secondary 57N13, 57Q45

## 1. Introduction

A *homotopy 3-sphere* is a smooth 3-manifold  $M$  homotopy equivalent to the 3-sphere  $S^3$ . It is well-known that a simply connected closed connected 3-manifold is a smooth homotopy 3-sphere. The following theorem, called the classical Poincaré Conjecture coming from [22, 23] is positively shown by Perelman [20, 21] solving positively Thurston's program [24] on geometrizations of 3-manifolds (see [19] for detailed historical notes).

**Theorem 1.1.** Every homotopy 3-sphere  $M$  is diffeomorphic to the 3-sphere  $S^3$ .

The purpose of this paper is to give an alternative proof to Theorem 1.1 by combining R. H. Bing's result in [2, 3] on the classical Poincaré conjecture with Smooth Unknotting Conjecture and Smooth 4D Poincaré Conjecture to be explained from now on. Let  $F$  be a smooth surface-link with a component system  $F_i$ , ( $i =$

$1, 2, \dots, n$ ) in the 4-sphere  $S^4$ . The fundamental group  $\pi_1(S^4 \setminus F, v)$  (with  $v$  a base point) is a *meridian-based free group* if the group  $\pi_1(S^4 \setminus F, v)$  is a free group with a basis represented by a meridian system  $m_i$  ( $i = 1, 2, \dots, n$ ) of  $F_i$ , ( $i = 1, 2, \dots, n$ ) with a base point  $v$ . The smooth surface-link  $F$  is a *trivial surface-link* if the components  $F_i$ , ( $i = 1, 2, \dots, n$ ) bound a disjoint handlebody system smoothly embedded in  $S^4$ . Smooth Unknotting Conjecture for a surface-link is the following conjecture.

**Smooth Unknotting Conjecture.** Every smooth surface-link  $F$  in  $S^4$  with a meridian-based free fundamental group  $\pi_1(S^4 \setminus F, v)$  is a trivial surface-link.

The positive proof of this conjecture is claimed by [13, 15] with supplement [14]. The result when  $F$  is an  $S^2$ -link (i.e., a surface-link with only  $S^2$ -components) is applied in this paper. A *homotopy 4-sphere* is a smooth 4-manifold  $X$  homotopy equivalent to the 4-sphere  $S^4$ . Smooth 4D Poincaré Conjecture is the following conjecture.

**Smooth 4D Poincaré Conjecture.** Every 4D smooth homotopy 4-sphere  $X$  is diffeomorphic to the 4-sphere  $S^4$ .

The positive proof of this conjecture is claimed by [16, 17]. For the proof of Theorem 1.1, the following result of R. H. Bing in [2, 3] is used:

**Bing's Theorem.** A homotopy 3-sphere  $M$  is diffeomorphic to  $S^3$  if, for every knot  $k$  in  $M$ , there is a 3-ball in  $M$  containing the knot  $k$ .

Thus, the main result of this paper is to prove the following lemma.

**Lemma 1.2.** For every knot  $k$  in  $M$ , there is a 3-ball in  $M$  containing the knot  $k$ .

For the proof of Lemma 1.2, Artin's spinning construction of a knot in  $S^3$  in [1] is generalized into a connected graph in a homotopy 3-sphere  $M$  to produce a spun  $S^2$ -link in  $S^4$  with free fundamental group (not always meridian-based free group). This explanation is done in Section 2. In Section 3, it is shown that every  $S^2$ -link in  $S^4$  with free fundamental group is a ribbon  $S^2$ -link by using Smooth Unknotting Conjecture for an  $S^2$ -link and Smooth 4D Poincaré Conjecture. In Section 4, the proof of Lemma 1.2 is done. To do this, it is shown that the spun torus-knot of a knot in  $M$  is a ribbon-torus knot in  $S^4$  which is a sum of the spun  $S^2$ -link of a proper arc system  $a_*$  in a boundary collar of a compact once-punctured manifold  $M^{(o)}$  of  $M$  and the spun  $S^2$ -link of a proper arc system  $e_*$  in  $M^{(o)}$  with meridian-based free

fundamental group  $\pi_1(M^{(o)} \setminus e_*, v)$ . To see this, an argument of a chord diagram of the spun  $S^2$ -link of a proper arc system  $a_*$  in a boundary collar of  $M^{(o)}$  in [12] is used. In this way, it is shown that the knot  $k$  is in a 3-ball of  $M$  completing the proof of Lemma 1.2 and the proof of Theorem 1.1 is completed.

*Conventions.* The unit  $n$ -disk is denoted by  $D^n$  with the origin  $\mathbf{0}$  as a standard notation, but the unit 2-disk  $D^2$  is fixed in the complex plane  $\mathbb{C}$ . A smooth  $n$ -manifold diffeomorphic to the unit  $n$ -disk  $D^n$  is called an  $n$ -ball for  $n \geq 3$  or  $n$ -disk for  $n = 2$ . A point  $\mathbf{1}$  is fixed in the  $n$ -sphere  $S^n = \partial D^{n+1}$ .

## 2. Artin's spinning construction of a connected graph in a homotopy 3-sphere

For a homotopy 3-sphere  $M$ , let  $M^{(o)}$  be the compact once-punctured manifold  $\text{cl}(M \setminus B)$  of  $M$  for a 3-ball  $B$  in  $M$ . Let

$$S = \partial B = \partial M^{(o)}$$

be the boundary 2-sphere of  $M^{(o)}$ . The closed smooth 4-manifold  $X(M)$  defined by

$$X(M) = M^{(o)} \times S^1 \cup S \times D^2$$

is called the *spun manifold* of  $M$  with *axis* 4-submanifold  $S \times D^2$ . As a convention, the 3-submanifold  $M^{(o)} \times 1$  of the product  $M^{(o)} \times S^1$  is identified with  $M^{(o)}$ . In particular, a point  $(q, 1) \in M^{(o)} \times 1$  is identified with the point  $q \in M^{(o)}$ . This 4-manifold  $X(M)$  is a smooth homotopy 4-sphere by the van Kampen theorem and a homological argument and hence  $X(M)$  is diffeomorphic to the 4-sphere  $S^4$  by Smooth 4D Poincaré Conjecture. A *legged loop* with *base point*  $v$  is the union  $k \cup \omega$  of a loop  $k$  and an arc  $\omega$  joining the base point  $v$  with a point of  $k$ . The arc  $\omega$  is called the *leg*. A *legged loop system* with base point  $v$  is the union

$$\gamma = \cup_{i=1}^n k_i \cup \omega_i$$

of  $n$  legged loops  $k_i \cup \omega_i$  ( $i = 1, 2, \dots, n$ ) meeting only at the same base point  $v$ . Let  $k(\gamma) = \cup_{i=1}^n k_i = k_*$  denote the loop system of the legged loop system of  $\gamma$ . Let  $\omega_* = \cup_{i=1}^n \omega_i$  and  $v_* = k_* \cap \omega_*$ . For a maximal tree  $\tau$  of  $\gamma$  containing the base point  $v$ , a regular neighborhood  $B$  of  $\tau$  in  $M$  with  $\gamma \cap B$  a regular neighborhood of  $\tau$  in  $\gamma$  is taken as 3-ball  $B$  used for the compact once-punctured manifold  $M^{(o)} = \text{cl}(M \setminus B)$  of  $M$ . Deform the subgraph  $\gamma \cap B$  of  $\gamma$  so that

$$\omega_* \subset B, \quad \omega_* \cap S = \partial \omega_* \quad \text{and} \quad k_* \cap B = k_* \cap S = a'_*$$

for an arc system  $a'_*$  in  $k_*$ , where note that the base point  $v$  is moved into  $S$ . Let

$$a(\gamma) = \cup_{i=1}^n a_i = a_*$$

for a proper arc  $a_i = \text{cl}(k_i \setminus a'_i)$  ( $i = 1, 2, \dots, n$ ) in  $M^{(o)}$ . Let

$$\dot{a}(\gamma) = \partial a_* = \partial a'_*$$

be the set of  $2n$  points in the boundary 2-sphere  $S$  of  $M^{(o)}$ . The *spun*  $S^2$ -link of the graph  $\gamma$  is the  $S^2$ -link  $S(\gamma)$  in the 4-sphere  $X(M)$  defined by

$$S(\gamma) = a(\gamma) \times S^1 \cup \dot{a}(\gamma) \times D^2.$$

**Lemma 2.1.** The inclusion  $M^{(o)} \setminus a(\gamma) \subset X(M) \setminus S(\gamma)$  induces an isomorphism

$$\sigma : \pi_1(M \setminus \gamma, v) \rightarrow \pi_1(X(M) \setminus S(\gamma), v)$$

sending a meridian system of the proper arc system  $a(\gamma)$  in  $M^{(o)}$  to a meridian system of  $S(\gamma)$ .

**Proof of Lemma 2.1.** Note that there is a canonical isomorphism

$$\pi_1(M^{(o)} \setminus a(\gamma), v) \cong \pi_1(M \setminus \gamma, v).$$

Then the desired isomorphism  $\sigma$  is obtained by applying the van Kampen theorem between  $(M^{(o)} \setminus a(\gamma)) \times S^1$  and  $(S \setminus \dot{a}(\gamma)) \times D^2$ . This completes the proof of Lemma 2.1.  $\square$

Here is a note on Lemma 2.1.

**Note 2.2.** A general connected graph  $\gamma$  with Euler characteristic  $\chi(\gamma) = 1 - n$  in  $M$  is deformed into a legged loop system  $\gamma$  in  $M$  by choosing a maximal tree to shrink to a base point  $v$ . Note that there are only finitely many maximal trees of  $\gamma$  such that the loop systems  $k(\gamma)$  of the resulting legged loop systems  $\gamma$  are distinct as links. By Lemma 2.1, we can obtain finitely many distinct spun  $S^2$ -links in  $S^4$  with isomorphic fundamental groups obtained by taking different maximal trees of the connected graph  $\gamma$ . This is a detailed explanation on the spun  $S^2$ -link of a connected graph associated with a maximal tree in [7, p.204] when  $M = S^3$ .

An argument on Lemma 2.1 is further developed when the homotopy 3-sphere  $M$  is given by a Heegaard spitting  $V \cup V'$  pasting along a Heegaard surface  $F = \partial V = \partial V'$  of genus  $n$ . A *spine* of a handlebody  $V$  of genus  $n$  is a legged loop system  $\gamma$  with base point  $v$  in  $F = \partial V$  such that the inclusion map  $\gamma \rightarrow V$  induces an isomorphism  $\pi_1(\gamma, v) \rightarrow \pi_1(V, v)$ . A regular neighborhood  $\dot{V}$  of  $\gamma$  in  $F$  is a planar surface in  $F$ .

By [5, Theorem 10.2], there is a diffeomorphism  $(\dot{V} \times [0, 1], \dot{V} \times 0) \rightarrow (V, \dot{V})$  sending every point  $(x, 0) \in \dot{V} \times 0$  to  $x \in \dot{V}$ . The surface  $\dot{V}$  is called a *spine surface* of  $V$ . Let  $\gamma$  and  $\gamma'$  be spines of the handlebodies  $V$  and  $V'$  with the same base point  $v \in F$ , respectively. A *legged Heegaard loop system* in  $M$  is the legged loop system  $\gamma\gamma'$  in  $M$  with base point  $v$  obtained by pushing  $\gamma \setminus v$  and  $\gamma' \setminus v$  into the interiors  $\text{Int}V$  and  $\text{Int}V'$ , respectively. The fundamental groups of the spun  $S^2$ -links  $S(\gamma\gamma') = S(\gamma) \cup S(\gamma')$ ,  $S(\gamma)$  and  $S(\gamma')$  in the 4-sphere  $X(M)$  given by Lemma 2.1 are free groups, as shown in the following lemma:

**Lemma 2.3.** The fundamental groups  $\pi_1(X(M) \setminus S(\gamma), v)$  and  $\pi_1(X(M) \setminus S(\gamma'), v)$  are free groups of rank  $n$  and the fundamental group  $\pi_1(X(M) \setminus S(\gamma\gamma'), v)$  is a free group of rank  $2n$ .

**Proof of Lemma 2.3.** The closed complements  $\text{cl}(M \setminus N(\gamma))$ ,  $\text{cl}(M \setminus N(\gamma'))$  and  $\text{cl}(M \setminus N(\gamma\gamma'))$  are diffeomorphic to the handlebodies  $V'$ ,  $V$  and  $F^{(o)} \times [0, 1]$  for the once-punctured surface  $F^{(o)}$  of  $F$ , respectively. Since the fundamental groups  $\pi_1(V', v)$ ,  $\pi_1(V, v)$  and  $\pi_1(F^{(o)} \times [0, 1], v)$  are free groups of ranks  $n$ ,  $n$  and  $2n$ , respectively, the desired result is obtained from Lemma 2.1.  $\square$

It should be noted that these free groups in Lemma 2.3 are not necessarily meridian-based free groups. Here is an example.

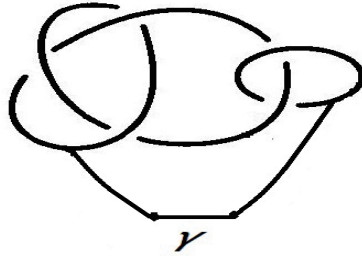


Figure 1: A legged loop system  $\gamma$  in  $S^3$  with free fundamental group of rank 2

**Example 2.4.** Let  $\gamma$  be a legged loop system with base point  $v$  in  $S^3$  illustrated in Fig. 1 with free fundamental group  $\pi_1(S^3 \setminus \gamma, v)$  of rank 2. In fact, a trivial legged loop system is obtained by sliding an edge along another edge, so that the fundamental group  $\pi_1(S^3 \setminus k(\gamma), v)$  is a free group of rank 2. A regular neighborhood  $V$  of  $\gamma$  in  $S^3$  and the closed complement  $V' = \text{cl}(S^3 \setminus V)$  constitute a genus 2 Heegaard splitting

$V \cup V'$  of  $S^3$  by noting that the 3-manifold  $V'$  is a handlebody of genus 2 by the loop system theorem and the Alexander theorem (cf. e.g., [7]). Thus, the union  $V \cup V'$  is a genus 2 Heegaard splitting of  $S^3$ . The legged loop system  $\gamma$  with vertex  $v$  is a spine of  $V$  by sliding the base point  $v$  into  $\partial V$ . By Lemma 2.3, the spun  $S^2$ -link  $S(\gamma)$  in the 4-sphere  $X(S^3) = S^4$  has the free fundamental group  $\pi_1(X(S^3) \setminus S(\gamma), v)$  of rank 2, which does not admit any meridian basis because the  $S^2$ -link  $S(\gamma)$  contains a component of the spun trefoil  $S^2$ -knot in  $S^4$  whose fundamental group is known to be not infinite cyclic.

Given a proper arc system  $a_*$  in  $M^{(o)}$ , there is a legged loop system  $\gamma$  in  $M$  with the proper arc system  $a(\gamma) = a_*$  in  $M^{(o)}$ . The  $S^2$ -link  $S(\gamma)$  in  $X(M)$  is uniquely determined by the arc system  $a_*$  and thus denoted by  $S(a_*)$ . The following lemma is directly used for the proof of Lemma 1.2.

**Lemma 2.5.** Let  $a_*$  be a proper arc system in a compact once-punctured manifold  $M^{(o)} = \text{cl}(M \setminus B)$  of a homotopy 3-sphere  $M$ . If the  $S^2$ -link  $S(a_*)$  in the 4-sphere  $X(M)$  is a trivial  $S^2$ -link, then the proper arc system  $a_*$  is in a boundary-collar  $S \times [0, 1]$  of  $M^{(o)}$ .

**Proof of Lemma 2.5.** By Lemma 2.1, the fundamental group  $\pi_1(M^{(o)} \setminus a(\gamma), v)$  is a meridian-based free group. Consider the 2-sphere  $S$  is the boundary of the product  $d \times [0, 1]$  for a disk  $d$  so that  $d \times 0$  contains one end of the proper arc system  $a_*$  and  $d \times 1$  contains the other end of the proper arc system  $a_*$ . Let  $(E; E_0, E_1)$  be the triplet obtained from  $(M^{(o)}, d \times 0, d \times 1)$  by removing a tubular neighborhood of  $a_*$  in  $M^{(o)}$ . Then the inclusion  $E_0 \subset E$  induces an isomorphism

$$\pi_1(E_0, v) \rightarrow \pi_1(E, v).$$

By [5, Theorem 10.2],  $E$  is diffeomorphic to the connected sum of the product  $E_0 \times [0, 1]$  and a homotopy 3-sphere. This means that the proper arc system  $a_*$  is in a boundary-collar  $S \times [0, 1]$ . This completes the proof of Lemma 2.5.  $\square$

**3. Ribbonness of an  $S^2$ -link with free fundamental group** The  $4D$  handlebody of genus  $n$  is the boundary 3-disk sum

$$Y^D = D^4 \natural_{i=1}^n S^1 \times D_i^3$$

obtained from  $n$  copies  $S^1 \times D_i^3$  ( $i = 1, 2, \dots, n$ ) of the 4D solid torus  $S^1 \times D^3$  and the 4-disk  $D^4$  by pasting a 3-disk system consisting of a boundary 3-disk in  $(S^1 \setminus \{1\}) \times D_i^3$  for every  $i$  to a system of disjoint  $n$  boundary 3-disks of  $D^4$ . A legged loop system

$\gamma^D$  in the 4D handlebody  $Y^D$  of genus  $n$  is *standard* if the legged loop system  $\gamma^D$  has the following two conditions:

- The loop system  $k(\gamma^D)$  is consistent with the system  $S^1 \times \mathbf{1}_i$  ( $i = 1, 2, \dots, n$ ), and
- The base point  $v$  is in the 4-disk  $D^4$  and the legs  $\omega_i$  ( $i = 1, 2, \dots, n$ ) of  $\gamma^D$  do not meet the 3-disks  $1 \times D_i^3$  ( $i = 1, 2, \dots, n$ ).

Note that the legs ( $i = 1, 2, \dots, n$ ) of  $\gamma^D$  are  $\partial$ -relatively unique up to isotopies in  $Y^D$ . The *4D closed handlebody of genus  $n$*  is the double of the 4D handlebody  $Y^D$  of genus  $n$ , that is the 4-manifold

$$\partial(Y^D \times [0, 1]) = Y^D \times 0 \cup (\partial Y^D) \times [0, 1] \cup Y^D \times 1$$

which is canonically identified with the following 4-manifold

$$Y^S = S^4 \#_{i=1}^n S^1 \times S_i^3,$$

where the connected summands  $S^3$  and  $S^1 \times S_i^3$  correspond to the doubles of the 3-disk summands  $D^4$  and  $S^1 \times D_i^3$ , respectively. The 4D handlebody  $Y^D \times 0$  in  $Y^S$  is identified with  $Y^D$ . A legged loop system  $\gamma$  with vertex  $v$  of the 4D closed handlebody  $Y^S$  of genus  $n$  is *standard* if it is  $v$ -relatively isotopic to a standard legged loop system  $\gamma^D$  of  $Y^D \subset Y^S$ . A standard legged loop system of  $Y^S$  is denoted by  $\gamma^S$ . A homology 4-sphere is a smooth 4-manifold  $X$  with an isomorphism  $H_*(X; \mathbf{Z}) \cong H_*(S^4; \mathbf{Z})$ . A *4D closed homology handlebody of genus  $n$*  is a smooth 4-manifold  $Y$  with an isomorphism  $H_*(Y; \mathbf{Z}) \cong H_*(Y^S; \mathbf{Z})$  for the 4D closed handlebody  $Y^S$  of genus  $n$ . For an  $S^2$ -link  $L$  in  $X$ , take a normal disk bundle  $L \times D^2$  in  $X$  and a 3-disk system  $D_L^3$  with  $\partial D_L^3 = L$ . This transformation from  $X$  into the 4-manifold

$$Y = \text{cl}(X \setminus L \times D^2) \cup D_L^3 \times S^1$$

is called the *surgery* of  $X$  along the  $S^2$ -link  $L$ . Conversely, the transformation from  $Y$  into  $X$  is called the *surgery* of  $Y$  along the loop system  $\mathbf{0}_* \times S^1$  by observing that  $D_L^3 \times S^1$  is a regular neighborhood of  $\mathbf{0}_* \times S^1$  in  $Y$ . The following lemma is a more or less known fact.

**Lemma 3.1.** Let  $Y$  be the 4-manifold obtained from a homology 4-sphere  $X$  by surgery along any  $n$ -component  $S^2$ -link  $L$ . Then the 4-manifold  $Y$  is a 4D closed homology handlebody of genus  $n$  such that the inclusion  $X \setminus L \times D^2 \subset Y$  induces an isomorphism

$$\pi_1(X \setminus L \times D^2, v) \rightarrow \pi_1(Y, v).$$

**Proof of Lemma 3.1.** To see that  $H_2(Y; \mathbf{Z}) = 0$ , use the Euler characteristic  $\chi(Y) = 2n$ . Since  $H_1(Y; \mathbf{Z}) \cong \mathbf{Z}^n$ , we have  $H_2(Y; \mathbf{Z}) = 0$  by Poincaé duality, which shows that  $Y$  is a 4D closed homology handlebody of genus  $n$ . The isomorphism  $i_* : \pi_1(X \setminus L \times D^2, v) \rightarrow \pi_1(Y, v)$  is obtained by a general position argument.  $\square$

A *meridian system* of an  $S^2$ -link  $L$  in  $X$  is a legged loop system  $\gamma_L$  in the closed complement  $\text{cl}(X \setminus L \times D^2)$  for a normal disk bundle  $L \times D^2$  in  $X$  such that the loop system  $k(\gamma_L)$  is the loop system  $p_* \times S^1$  for a point system  $p_*$  in  $L$  with one point for every component of  $L$ . By Lemma 3.1, note that the meridian system  $\gamma_L$  induces a legged loop system  $\gamma$  in  $Y$  such that the loop system  $k(\gamma)$  represents a homological basis of the homology group  $H_1(Y; \mathbf{Z})$ . Conversely, given any legged loop system  $\gamma$  in  $Y$  such that the loop system  $k(\gamma)$  represents a homological basis of  $H_1(Y; \mathbf{Z})$ , then the 4-manifold  $X$  obtained from  $Y$  along the loop system  $k(\gamma)$  is a homology 4-sphere and the legged loop system  $\gamma$  induces a meridian system  $\gamma_L$  of an  $S^2$ -link  $L$  in  $X$ . A *4D closed homotopy handlebody* of genus  $n$  is a 4D closed homology handlebody  $Y$  of genus  $n$  such that the fundamental group  $\pi_1(Y, p)$  is a free group of rank  $n$ . A legged loop system  $\gamma$  with base point  $v$  in a 4D closed homotopy handlebody  $Y$  of genus  $n$  is a *basis system* if the inclusion  $\gamma \subset Y$  induces an isomorphism

$$\pi_1(\gamma, v) \rightarrow \pi_1(Y, v).$$

For example, a standard legged loop system  $\gamma^S$  of the 4D closed handlebody  $Y^S$  is a basis system. The following classification lemma is a result of Smooth Unknotting Conjecture for an  $S^2$ -link and Smooth 4D Poincaré Conjecture.

**Lemma 3.2.** Let  $Y^S$  be the 4D closed handlebody of genus  $n$ , and  $\gamma^S$  a standard legged loop system with base point  $v^S$  of  $Y^S$ . For every 4D closed homotopy handlebody  $Y$  of genus  $n$  and every basis system  $\gamma$  in  $Y$ , there is an orientation-preserving diffeomorphism

$$f : Y \rightarrow Y^S$$

such that  $f(\gamma) = \gamma^S$ . Given any spin structures on  $Y$  and  $Y^S$ , the diffeomorphism  $f$  can be taken spin-structure-preserving.

**Proof of Lemma 3.2.** Let  $X$  be the 4-manifold obtained from  $Y$  by surgery along the loop system  $k_* = k(\gamma)$ . This 4-manifold  $X$  is diffeomorphic to the 4-sphere  $S^4$  by Smooth 4D Poincaré Conjecture since it is a smooth homotopy 4-sphere by the van Kampen theorem and a homological argument. Since  $X$  is obtained from  $Y$  by replacing a normal disk bundle  $k_* \times D^3$  of  $k_*$  in  $Y$  with  $D_*^2 \times S^2$  for the disk system  $D_*^2$  bounded by  $k_*$ . Then there is an  $S^2$ -link  $L = 0_* \times S^2$  in  $X$ . Since the basis system  $\gamma$



of  $Y$  induces a meridian system of  $L$  in  $X$ , Lemma 3.1 implies that the fundamental group  $\pi_1(X \setminus L, v)$  is a meridian based free group. By Smooth Unknotting Conjecture for an  $S^2$ -link, the  $S^2$ -link  $L$  is a trivial  $S^2$ -link in the 4-sphere  $X$ . By the back surgery replacing  $D_*^2 \times S^2$  in  $X$  with  $k(\gamma) \times D^3$  in  $Y$ , there is an orientation-preserving diffeomorphism  $f : Y \rightarrow Y^S$  with  $f(k_*) = k(\gamma^S)$ . Since a regular neighborhood  $N(f(\gamma))$  of  $f(\gamma)$  in  $Y^S$  is isotopic to  $Y^D$  in  $Y^S$ , the diffeomorphism  $f : Y \rightarrow Y^S$  is modified to have  $f(\gamma) = \gamma^S$ . Given any spin structures on  $Y$  and  $Y^S$ , note that there is an orientation-preserving spin-structure-changing diffeomorphism  $: S^1 \times S^3 \rightarrow S^1 \times S^3$  (see [4] for a similar diffeomorphism on  $S^1 \times S^2$ ). Thus, by composing  $f$  with the orientation-preserving spin-structure-changing diffeomorphisms on some connected summands of  $Y^S$  which are copies of  $S^1 \times S^3$ , the diffeomorphism  $f : Y \rightarrow Y'$  is modified into an orientation-preserving spin-structure-preserving diffeomorphism. This completes the proof of Lemma 3.2.  $\square$

The following corollary is directly obtained from Lemmas 2.3, 3.1 and 3.2.

**Corollary 3.3.** Let  $\gamma\gamma'$  be a legged Heegaard loop system of a homotopy 3-sphere  $M$  associated with a Heegaard splitting  $V \cup V'$  of genus  $n$ , and  $Y(M; \gamma\gamma')$  the 4D closed homology handlebody obtained from the 4-sphere  $X(M)$  by surgery along the spun  $S^2$ -link  $L(\gamma\gamma')$  of  $\gamma\gamma'$ . Then the 4D closed homology handlebody  $Y(M; \gamma\gamma')$  is diffeomorphic to the 4D closed handlebody  $Y^S$  of genus  $2n$ .

A surface-link  $L$  in  $S^4$  is a *ribbon* surface-link if  $L$  is equivalent to a surface-link obtained from a trivial  $S^2$ -link  $L^S$  in  $S^4$  by surgery along embedded 1-handles on  $L^S$  (see [18]). The following lemma is obtained.

**Lemma 3.4.** Any  $S^2$ -link  $L$  in  $S^4$  with free fundamental group  $\pi_1(S^4 \setminus L, v)$  is a ribbon  $S^2$ -link.

**Proof of Lemma 3.4.** Let  $K_i$  ( $i = 1, 2, \dots, n$ ) be the components of  $L$ . Let  $Y$  be the 4-manifold obtained from  $S^4$  by surgery along  $L$ . Let  $\gamma$  be a legged loop system in  $Y$  induced from a meridian system  $\gamma_L$  of  $L$  in  $S^4$ . Let  $k(\gamma) = k_*$  be the loop system of  $\gamma$  in  $Y$ . The surgery manifold  $X$  of  $Y$  along  $k_*$  is identified with the 4-sphere  $S^4$ . In precise, let  $X = \text{cl}(Y \setminus N(k_*)) \cup D_* \times S^2$  for a regular neighborhood  $N(k_*) = k_* \times D^3$  of  $k_*$  in  $Y$  and the disk system  $D_*$  with  $\partial D_* = k_*$ , where the 2-sphere system  $0_* \times S^2$  is identified with  $L$ . By Lemma 3.2,  $Y$  is identified with the closed 4D handlebody  $Y^S$  of genus  $n$ . Let  $\gamma^S$  be a standard legged loop system of  $Y = Y^S$  with the same vertex  $v$  as  $\gamma$ . Let  $k(\gamma^S) = k_*^S$  be the loop system of  $\gamma^S$  in  $Y$ , which is disjoint from  $k_*$ . Let  $x_i$  ( $i = 1, 2, \dots, n$ ) be a basis of the free group  $\pi_1(Y, v)$  of rank  $n$  represented

by  $\gamma^S$ . Let  $y_i$  ( $i = 1, 2, \dots, n$ ) be an element system in  $\pi_1(Y, v)$  represented by  $\gamma$ . By a basis change of the basis  $x_i$  ( $i = 1, 2, \dots, n$ ), assume that the product  $x_i^{-1}y_i$  is in the commutator subgroup  $[\pi_1(Y, v), \pi_1(Y, v)]$  of  $\pi_1(Y, v)$  for every  $i$ . Let

$$Y^0 = \text{cl}(Y \setminus N(k_*^S))$$

for a regular neighborhood  $N(k_*^S) = k_*^S \times D^3$  of  $k_*^S$  in  $Y$ . Also, let

$$X^0 = \text{cl}(X \setminus N(k_*^S))$$

by considering  $N(k_*^S)$  in  $X$ . Since the loop system  $k_*^S$  is a trivial loop system in the 4-sphere  $X$ , there is a disjoint disk system  $\Omega_*$  with  $\partial\Omega_* = k_*^S$  smoothly embedded in  $X$ . Note that the intersection  $N(k_*^S) \cap \Omega_*$  is a boundary collar of  $\Omega_*$ . Let

$$\Omega'_* = \text{cl}(\Omega_* \setminus (N(k_*^S) \cap \Omega_*))$$

which is a proper disk system in  $X^0$ . Let  $S^1 \times S_i^3 = k_i^S \times S^3$  ( $i = 1, 2, \dots, n$ ) be the connected summands of the closed 4D handlebody  $Y = Y^S$ . For every  $i$ , let  $S_i^3 = p_i \times S_i^3$  for a point  $p_i \in k_i^S$ . Let  $V_i = S_i^3 \cap Y^0$  be a 3-ball obtained from  $S_i^3$  by removing the interior of a 3-ball neighborhood of the point  $p_i = p_i \times \mathbf{1}$  with  $\partial V_i \subset \partial Y^0$ . Let

$$Y^+ = Y^0 \cup_{i=1}^n \tilde{\Omega}_i \times d$$

be the 4-manifold obtained from  $Y^0$  by attaching 2-handles  $\tilde{\Omega}_i \times d$  ( $i = 1, 2, \dots, n$ ) to the boundary  $\partial Y^0 = \cup_{i=1}^n k_i^S \times S^2$  of  $Y^0$  where  $\tilde{\Omega}_i$  is a disk with  $\partial\tilde{\Omega}_i = \partial\Omega'_i$  and a disk  $d$  in the 2-sphere  $S^2$ . Similarly, let

$$X^+ = X^0 \cup_{i=1}^n \tilde{\Omega}_i \times d$$

be the 4-manifold obtained from  $X^0$  by attaching 2-handles  $\tilde{\Omega}_i \times d$  ( $i = 1, 2, \dots, n$ ) to the boundary  $\partial X^0$  identical to  $\partial Y^0$ . Let  $(k_*^{S+}, p_*^+)$  be a moving of the pair  $(k_*^S, p_*)$  into the boundary pair  $(\partial Y^0, \partial V_*)$ . Let  $k_i^{S+} \times [0, 1]$  be an annulus in  $k_i^{S+} \times S^2 \subset \partial Y^0$  for an arc  $[0, 1]$  in  $S^2$ . Consider that the element  $x_i^{-1}$  is represented by the loop  $k_i^{S+} \times 0$  in  $Y^0$ . Since  $y_i$  is a word of the letters  $x_j$  ( $j = 1, 2, \dots, n$ ) in the fundamental group  $\pi_1(Y, v)$ , the element  $y_i$  is represented in  $Y^0$  by a band sum  $k_i$  of the loop  $k_i^{S+} \times 1$  and the boundary loop system  $\partial P_i$  of a disk system  $P_i$  consisting of suitably oriented parallel disks of  $\tilde{\Omega}_j$  in  $\tilde{\Omega}_j \times d$  ( $j = 1, 2, \dots, n$ ) along a band system  $\mu_i$ . Let  $b_i$  be a band in the annulus  $k_i^{S+} \times [0, 1]$  spanning the loop  $k_i^{S+}$  and the loop  $k_i$  with the centerline  $\dot{b}_i = p_i^+ \times [0, 1]$ . Let  $k'_i$  be the loop in  $Y^0$  obtained by a band sum of  $k_i^{S+} \times 0$  and  $k_i$  along the band  $b_i$ . The union

$$\Delta_i = \text{cl}(k_i^{S+} \times [0, 1] \setminus b_i) \cup_{i=1}^n P_i \cup \mu_i$$

is considered as a disk smoothly embedded in  $Y^+$  whose boundary loop  $\partial\Delta_i$  represents the element  $x_i^{-1}y_i$  in  $Y^0$ . Further, the disk system  $\Delta_i$  ( $i = 1, 2, \dots, n$ ) is made disjoint. By construction, the disk  $\Delta_i$  meets the 3-ball system  $V_*$  only with the isolated finite point set  $P_i \cap \partial V_*$  and with simple proper arcs  $\beta_{i,j}$  ( $j = 1, 2, \dots, n_i$ ) in  $\Delta_i$  coming from the transverse intersection of the band system  $\mu_i$  and the interior  $\text{Int}V_*$  of the 3-ball system  $V_*$ . Let  $B_{i,j}$  ( $j = 1, 2, \dots, n_i$ ) be disjoint 3-ball neighborhoods of the arcs  $\beta_{i,j}$  ( $j = 1, 2, \dots, n_i$ ) in  $\text{Int}V_i$ , and  $S_{i,j}$  ( $j = 1, 2, \dots, n_i$ ) the boundary 2-spheres of  $B_{i,j}$  ( $j = 1, 2, \dots, n_i$ ). Then the following claim (#) is obtained.

(#) The  $S^2$ -link  $\cup_{i=1}^n \cup_{j=1}^{n_i} S_{i,j}$  in  $Y$  becomes a trivial  $S^2$ -link in the 4-sphere  $X$  after the surgery of  $Y$  along the loop system  $k_*$ .

By assuming the proof of the claim (#), the proof of Lemma 3.4 is completed as follows. Let  $(S^3)_i^{(*)}$  be a multi-punctured 3-ball obtained from  $S_i^3$  by removing the interiors of the 3-balls  $B_{i,j}$  ( $j = 1, 2, \dots, n_i$ ) and a 3-ball neighborhood  $N(q_i) = q_i \times D^3$  of the point  $q_i = p_i^+ \times 1 \in k_i$  in  $V_i$ . Note that the  $S^2$ -link  $\cup_{i=1}^n \partial N(q_i)$  in  $Y$  changes into the  $S^2$ -link  $L = \cup_{i=1}^n K_i$  in  $X$  after the surgery of  $Y$  along  $k_*$ . Since  $K_i$  is equivalent to a 2-sphere in  $(S^3)_i^{(*)}$  obtained from the trivial  $S^2$ -link  $\partial V_i \cup_{i=1}^n \cup_{j=1}^{n_i} S_{i,j}$  in  $X$  by surgery along disjoint embedded 1-handles in  $(S^3)_i^{(*)}$ , it is shown that the  $S^2$ -link  $L$  is a ribbon  $S^2$ -link in the 4-sphere  $X$ . This completes the proof of Lemma 3.4 assuming the claim (#).

**Proof of (#).** Let  $V'_*$  be the 3-ball system obtained from the 3-ball system  $V_*$  by removing an open boundary collar which remains containing all the arcs  $\beta_{i,j}$ , so that  $V'_* \cap \tilde{\Omega}_j = \emptyset$ . Since every arc  $\beta_{i,j}$  splits the disk  $\Delta_h$  containing the arc  $\beta_{i,j}$  into two regions, there is an arc  $\beta_{i',j'}$  such that a region  $\Delta'_h$  of the disk  $\Delta_h$  splitted by the  $\beta_{i',j'}$  does not contain any other arc  $\beta_{i'',j''}$  and does not meet the arc system  $b_* \cap k_*$ . The boundary of a regular neighborhood relative to  $V'_*$  of the region  $\Delta'_h$  in  $Y^+$  is a 3-sphere containing the 3-ball  $B_{i',j'}$  whose complementary 3-ball is denoted by  $\tilde{B}_{i',j'}$ . Let  $V''_*$  be the 3-ball system obtained from  $V'_*$  by replacing the 3-ball  $B_{i',j'}$  with the 3-ball  $\tilde{B}_{i',j'}$ . Then  $V''_* \cap \Delta'_h = \emptyset$ . Continue this process on  $V''_*$  instead of  $V'_*$ . Finally, a system of disjoint 3-balls  $\tilde{B}_{i,j}$  ( $i = 1, 2, \dots, n; j = 1, 2, \dots, n_i$ ) bounded by the 2-spheres  $S_{i,j}$  ( $i = 1, 2, \dots, n; j = 1, 2, \dots, n_i$ ) and a 3-ball system  $V'''_*$  disjoint from the union  $\Delta_* \cup b_*$  are obtained in  $Y^+$ . Consider that  $X^+$  is obtained from  $Y^+$  by a surgery along a loop system  $k_*^+$  disjointedly parallel to the loop system  $k_*$  in  $Y^+$  so that  $k_*^+$  is in the interior  $\text{Int}(Y^0)$  of  $Y^0$  and disjoint from the disk system  $\Delta_*$ . The disk system  $\Delta_*$  is now embedded into  $X^+$  and the 3-ball  $\tilde{B}_{i,j}$  for any  $i, j$  is embedded into a regular neighborhood of  $\Delta_*$  in the 4-manifold  $\text{cl}(Y^+ \setminus N(k_*^+)) = \text{cl}(X^+ \setminus N(L))$ . Since the band system  $\mu_i$  except for the attaching part is made disjoint from the

disk system  $\Omega'_*$ , the loop system  $k_*^+$  is made disjoint from the disk system  $\Omega'_*$ . For a normal disk bundle  $\Omega'_* \times d$  of  $\Omega'_*$  in  $\text{cl}(Y^0 \setminus N(k_*^+)) = \text{cl}(X^0 \setminus N(L))$ , the union  $U = \Omega'_* \times d \cup \tilde{\Omega}_* \times d = (\Omega'_* \cup \tilde{\Omega}_*) \times d$  in  $\text{cl}(Y^+ \setminus N(k_*^+)) = \text{cl}(X^+ \setminus N(L))$  is diffeomorphic to the product  $S^2 \times d$  and the intersection  $U \cap \Delta_*$  coincides with the disk system  $P_*$ . By an isotopy of  $X^+$  keeping  $U$  setwise fixed and keeping the outside of a neighborhood of  $U$  in  $X^+$  fixed, the disk system  $P_*$  is deformed into a disk system  $P_*^X$  in  $\Omega'_* \times d \subset X^0$ , so that the disk system  $\Delta_*$  is deformed into a disk system  $\Delta_*^X$  in  $\Omega'_* \times d \subset X^0$ . Since the 3-ball  $\tilde{B}_{i,j}$  for any  $i, j$  is embedded in a regular neighborhood of  $\Delta_*$  in the 4-manifold  $X^+$ , the 3-ball system  $\tilde{B}_{i,j}$  is isotopically deformed into a 3-ball system  $\tilde{B}_{i,j}^X$  in  $X^0$  while the 2-spheres  $S_{i,j}$  ( $i = 1, 2, \dots, n; j = 1, 2, \dots, n_i$ ) are fixed. This means that the 2-spheres  $S_{i,j}$  ( $i = 1, 2, \dots, n; j = 1, 2, \dots, n_i$ ) are a trivial  $S^2$ -link in the surgery manifold  $X$ . This completes the proof of (#).  $\square$

This completes the proof of Lemma 3.4.  $\square$

A group presentation  $(y_1, y_2, \dots, y_{n+s} \mid r_1, r_2, \dots, r_s)$  of deficiency  $n$  is a *Wirtinger presentation* if every relator  $r_i$  is written as a form  $y_{j_i}^{-1} w_j y_{j'_i} w_i^{-1}$  for two generators  $y_j, y_{j'_i}$  with distinct indexes  $j_i, j'_i$  and a word  $w_i$  in the letters  $y_j$  ( $j = 1, 2, \dots, n+s$ ). It is known that the fundamental group of an  $n$ -component ribbon  $S^2$ -link has a Wirtinger presentation of deficiency  $n$  for some  $s$  (cf. [7, p. 193], [18, pp. 56-60]). An algebraic version of Lemma 3.4 means the following result in combinatorial group theory.

**Corollary 3.5.** Let  $\mathbf{F}_n$  be the free group of rank  $n$  with a basis  $x_i$  ( $i = 1, 2, \dots, n$ ). Let  $x'_i$  ( $i = 1, 2, \dots, n$ ) be a set of elements normally generating the free group  $\mathbf{F}_n$  written as words in the letters  $x_i$  ( $i = 1, 2, \dots, n$ ) such that the products  $x'_i x_i^{-1}$  ( $i = 1, 2, \dots, n$ ) belong to the commutator subgroup  $[\mathbf{F}_n, \mathbf{F}_n]$  of  $\mathbf{F}_n$ . Then the free group  $\mathbf{F}_n$  admits a Wirtinger presentation

$$(y_1, y_2, \dots, y_{n+s} \mid r_1, r_2, \dots, r_s)$$

of deficiency  $n$  for some  $s$  such that the elements  $y_i$  ( $i = 1, 2, \dots, n+s$ ) are written as words in the letters  $x_i$  ( $i = 1, 2, \dots, n$ ) containing the elements  $x'_i$  ( $i = 1, 2, \dots, n$ ) as the given words.

#### 4. Main result: Proof of Lemma 1.2

The following observation relates a knot to a Heegaard splitting of a closed connected orientable 3-manifold.

**Lemma 4.1.** For any knot  $k$  in any closed connected orientable 3-manifold  $M$ , there is a Heegaard splitting  $V \cup V'$  of  $M$  such that the knot  $k$  is equivalent to a component of the loop system  $k(\gamma)$  of a spine  $\gamma$  of  $V$  in  $M$ .

**Proof of Lemma 4.1.** By considering  $k$  as a polygonal loop in  $M$ , there is a triangulation  $\mathcal{T}$  of  $M$  whose 1-skeleton  $\mathcal{T}^{(1)}$  contains the knot  $k$ . The graph  $\mathcal{T}^{(1)}$  is deformed into a legged loop system  $\gamma$  in  $M$  so that  $k$  is a component of the loop system  $k(\gamma)$ . Let  $V$  be a regular neighborhood of  $\gamma$  in  $M$  which is a handlebody. The closed complement  $V' = \text{cl}(M \setminus V)$  is also a handlebody, so that we have a Heegaard splitting  $V \cup V'$  of  $M$ . The legged loop system  $\gamma$  is deformed into a spine of the handlebody  $V$ .  $\square$

By combining Lemmas 2.3, 3.4 with Lemma 4.1, the following corollary is obtained, because any component of a ribbon  $S^2$ -link in  $S^4$  is a ribbon  $S^2$ -knot in  $S^4$ .

**Corollary 4.2.** For any knot  $k$  in any homotopy 3-sphere  $M$ , the spun- $S^2$ -knot  $S(k)$  of  $k$  in  $X(M) = S^4$  is a ribbon  $S^2$ -knot in  $S^4$ .

A chord diagram is a diagram  $C$  in  $S^2$  consisting of a based loop system  $o$  (i.e., a trivial oriented link diagram) and a chord system  $\alpha$  joining the based loops where intersections among the chords are permitted (see [8, 9, 10, 11, 12] for the detailed arguments). For a disk  $\delta$  in  $S^2$ , a *chord diagram* in the delta  $\delta$  is the intersection  $C \cap \delta$  for a chord diagram  $C = C(o, \alpha)$  in  $S^2$  such that the circle  $\partial\delta$  does not meet the based loop system  $o$  and meets the chord system  $\alpha$  transversely. From a chord diagram  $C = C(o, \alpha)$  in  $S^2$ , a ribbon surface-link  $R(C)$  in the 4-sphere  $S^4$  is constructed in a unique way. In fact, the ribbon surface-link  $R(C)$  is obtained from a trivial oriented  $S^2$ -link  $L^0$  in  $S^4$  constructed from the based loop system  $o$  by surgery along an embedded 1-handle system  $h(\alpha)$  on  $L^0$  thickening the chord system  $\alpha$ . The ribbon surface-link  $R(C)$  in  $S^4$  is uniquely constructed from the chord diagram  $C$  by using the Horibe-Yanagawa's lemma in [18] for uniqueness of the trivial  $S^2$ -link  $L^0$  constructed from the based loop system  $o$  and an argument in [6] for uniqueness of the embedded 1-handle system  $h(\alpha)$  constructed from the chord system  $\alpha$ .

**Lemma 4.3.** Let  $a_*$  be a proper oriented arc system in a compact once-punctured manifold  $M^{(o)} = \text{cl}(M \setminus B)$  of a homotopy 3-sphere  $M$  which is obtained from an oriented proper arc diagram  $D$  in a disk  $\delta$  contained in the boundary 2-sphere  $S$  of  $M^{(o)}$  by pushing the interior of an upper-arc around every crossing point of  $D$  into the interior of  $M^{(o)}$ . Then the  $S^2$ -link  $S(a_*)$  in  $X(M)$  is a ribbon  $S^2$ -link in  $X(M)$  with a chord diagram  $C$  in  $\delta$  obtained from the arc diagram  $D$  by changing every

crossing point as in Fig. 2.

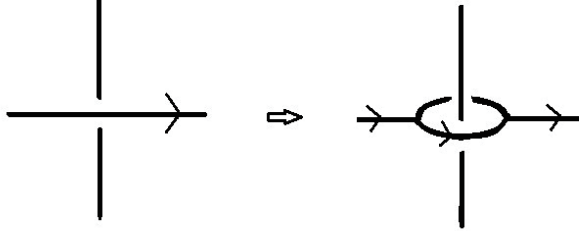


Figure 2: Changing a crossing point into a based loop with chords

**Proof of Lemma 4.3.** This fact is observed in [12, Theorem 2.3 (3)] for an inbound arc diagram whose closure is a knot chord diagram. The present claim is similarly shown for any oriented arc diagram.  $\square$

In Lemma 4.3, note that the arc diagram  $D$  is recovered from the chord diagram  $C$  by taking the upper-arc of every based loop. The proof of Lemma 1.2 is given as follows.

**4.4: Proof of Lemma 1.2.** Let  $k$  be a non-trivial knot in a homotopy 3-sphere  $M$ . By Corollary 4.2, the spun  $S^2$ -knot  $S(k)$  in the 4-sphere  $X(M) = S^4$  is a ribbon  $S^2$ -knot. The *spun torus-knot* of  $k$  in the 4-sphere  $X(M)$  is given by the inclusion

$$T(k) = k \times S^1 \subset M^{(o)} \times S^1 \subset M^{(o)} \times S^1 \cup S \times D^2 = X(M).$$

The spun  $S^2$ -knot  $S(k)$  in  $X(M)$  is obtained from  $T(k)$  by a 2-handle surgery and conversely the spun torus-knot  $T(k)$  is obtained from the spun  $S^2$ -knot  $S(k)$  by 1-handle surgery. By definition, the spun torus-knot  $T(k)$  is a ribbon torus-knot and hence bounds a ribbon solid torus  $V_R$  in  $X(M)$ . Let

$$V_R = \cup_{i=1}^n B_i \cup h_i$$

for a disjoint 3-ball system  $B_i$  ( $i = 1, 2, \dots, n$ ) in  $X(M)$  and an embedded disjoint 1-handle system  $h_i$  ( $i = 1, 2, \dots, n$ ) on the 2-sphere system  $\partial B_i$  ( $i = 1, 2, \dots, n$ ) in  $X(M)$  so that the 1-handle  $h_i$  spans  $\partial B_i$  and  $\partial B_{i+1}$  for every  $i$  with  $B_{n+1} = B_1$  and every 3-ball  $B_i$  meets just one 1-handle  $h_{j_i}$  for some  $j_i$  ( $1 \leq j_i \leq n$ ) with a transverse disk  $d_{j_i}$  in the interior of  $B_i$ . Since the knot  $k$  is non-trivial in  $M^{(o)}$  and there is a

canonical isomorphism

$$\pi_1(M^{(o)} \setminus k, v) \rightarrow \pi_1(X(M) \setminus T(k), v)$$

by the van Kampen theorem, the longitude of  $k$  in  $M^{(o)}$  represents an infinite order element in the fundamental group  $\pi_1(X(M) \setminus T(k), v)$ , which implies that the meridian loop of  $V_R$  (i.e., the simple loop of  $T(k)$  bounding a meridian disk of  $V_R$ ) is a uniquely specified loop in  $T(k)$  up to isotopies of  $T(k)$ . Fix an orientation of knot  $k$ . Then by the construction of  $T(k)$ , the meridian disk orientation of the ribbon solid torus  $V_R$  is uniquely specified and the ribbon solid torus  $V_R$  specifies uniquely a disjoint oriented deformed meridian disk system  $d_i$  ( $i = 1, 2, \dots, n$ ) in  $V_R$  so that the knot  $k$  meets the disk  $d_i$  with just one boundary arc orientation-coherently and just one interior point transversely and the union  $k \cup_{i=1}^n d_i$  (called a *chord-disk system*) recovers  $V_R$  uniquely by thickening  $k$  and  $d_i$  ( $i = 1, 2, \dots, n$ ) (see the left figure of Fig. 3). The disk system  $d_i$  ( $i = 1, 2, \dots, n$ ) is isotopically deformed into  $M^{(o)}$  by an isotopy of  $X(M)$  keeping  $k$  fixed, so that the chord-disk system  $k \cup_{i=1}^n d_i$  is in  $M^{(o)}$ . To show this claim, let  $\alpha_i$  be a simple arc in  $d_i$  joining the point  $k \cap \text{Int}d_i$  with a point in the arc  $k \cap \partial d_i$  for all  $i$ . The arc system  $\alpha_i$  ( $i = 1, 2, \dots, n$ ) is deformed into a bi-collar neighborhood  $M^{(o)} \times [-1, 1]$  of  $M^{(o)}$  with  $M^{(o)} \times 0 = M^{(o)}$  in  $X(M)$  by an isotopy keeping  $M^{(o)}$  fixed. Then the arc system  $\alpha_i$  ( $i = 1, 2, \dots, n$ ) is projected into  $M^{(o)}$  by a general position argument. A deformed disk system  $d_i$  ( $i = 1, 2, \dots, n$ ) in  $M^{(o)}$  is obtained from the arc system  $\alpha_i$  ( $i = 1, 2, \dots, n$ ) in  $M^{(o)}$  by extending them as a small disk system, completing the proof of the claim. Let  $k^\times$  be the graph in  $M^{(o)}$  obtained from the chord-disk system  $k \cup_{i=1}^n d_i$  by shrinking every disk  $d_i$  into a 4-degree vertex for every  $i$ . By taking a maximal tree  $\tau(k^\times)$  of  $k^\times$ , one finds a disk  $\delta$  in  $M^{(o)}$  containing the maximal tree  $\tau(k^\times)$ . Let  $e_i$  ( $i = 1, 2, \dots, n+1$ ) be the arc system  $\text{cl}(k^\times \setminus \tau(k^\times))$  where the number  $n+1$  is uniquely determined by the Euler characteristic  $\chi(K^\times) = -n$ . Then the chord-disk system

$$k^{\times\times} = \text{cl}((k \cup_{i=1}^n d_i) \setminus (\cup_{i=1}^{n+1} e_i))$$

can be drawn as a chord diagram  $C$  in the disk  $\delta$  with the based loop system  $o_i = \partial d_i$  ( $i = 1, 2, \dots, n$ ) so that the chord diagram of the two arcs of  $k$  on the disk  $d_i$  for every  $i$  are drawn with the two arcs as bold lines transversely meeting as in the right figure of Fig. 3. Let  $a_i$  ( $i = 1, 2, \dots, n+1$ ) be the arc system  $\text{cl}(k \setminus \cup_{i=1}^{n+1} e_i)$ . By replacing the chord diagram of the two arcs of  $k$  on the disk  $d_i$  for every  $i$  with an arc diagram, that is, by replacing the right diagram of Fig. 2 with the left diagram of Fig. 2, the diagram  $C$  changes into an arc diagram  $D$  of the arc system  $a_i$  ( $i = 1, 2, \dots, n$ ) in the disk  $\delta$ . Deform the disk  $\delta$  into the 2-sphere  $S = \partial M^{(o)}$  so that a collar  $\delta \times [0, 1]$  of  $\delta$  in  $M^{(o)}$  with  $\delta \times 0 = \delta$  belongs to a boundary collar  $S \times [0, 1]$  of  $S$  in  $M^{(o)}$  with  $S \times 0 = S$ . The arc system  $a_i$  ( $i = 1, 2, \dots, n$ ) is realized in the collar  $\delta \times [0, 1]$

from the arc diagram  $D$  by pushing the interiors of the upper-arcs of  $D$  into the interior of  $\delta \times [0, 1]$ . By Lemma 4.3, the spun  $S^2$ -link  $\cup_{i=1}^n S(a_i)$  in  $X(M)$  with the chord system  $C$  in  $\delta$  is obtained as in Fig. 2. This means that the spun  $S^2$ -link  $\cup_{i=1}^n S(a_i)$  bounds a part  $V'_R$  of the ribbon solid torus  $V_R$  belonging to the 4-ball  $A = (\delta \times [0, 1]) \times S^1 \cup \delta \times D^2$  in  $X(M)$ . Since the spun torus-knot  $T(k)$  is the union of the spun  $S^2$ -link  $\cup_{i=1}^n S(e_i)$  and the spun  $S^2$ -link  $\cup_{i=1}^n S(a_i)$  by deleting the common disk interiors, the spun  $S^2$ -link  $\cup_{i=1}^n S(e_i)$  in  $X(M)$  bounds disjoint 3-balls  $\text{cl}(V_R \setminus V'_R)$  in the 4-ball  $A' = \text{cl}(X(M) \setminus A)$ . Let  $X'(M)$  be the spun 4-sphere of  $M$  on the once-punctured manifold  $M_\delta^{(o)} = \text{cl}(M^{(o)} \setminus \delta \times [0, 1])$  of  $M$ , and  $S' = \partial M_\delta^{(o)}$  the boundary 2-sphere. The spun  $S^2$ -link  $\cup_{i=1}^n S(e_i)$  is a trivial  $S^2$ -link in the 4-sphere  $X'(M)$ . By Lemma 2.5, the proper arc system  $e_i$  ( $i = 1, 2, \dots, n$ ) is in a boundary-collar  $S' \times [0, 1]$  of the once-punctured manifold  $M_\delta^{(o)}$ . This means that there is a 3-ball in  $M^{(o)}$  containing the knot  $k$ . This completes the proof of Lemma 1.2.  $\square$

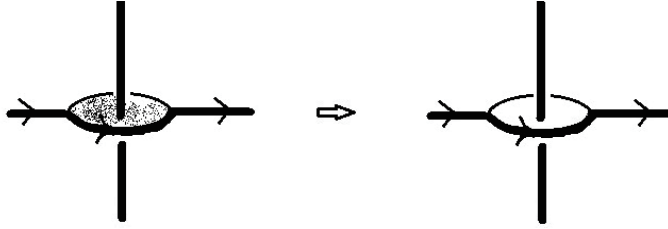


Figure 3: A diagram of the two arcs of  $k$  on the disk  $d_i$

This completes the proof of Theorem 1.1.

**Acknowledgments.** This work was partly supported by Osaka City University Advanced Mathematical Institute (MEXT Joint Usage/Research Center on Mathematics and Theoretical Physics JPMXP0619217849).

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